

Monkeypox

Unusual rash, blisters, or pimples?

Monkeypox can be passed on
through close physical contact,
including sex

If you think you have symptoms, call
your doctor or GGD to get tested

More information:
mantotman.nl/en/monkeypox



What you should know about monkeypox

What is monkeypox?

Monkeypox (apenpokken in Dutch) is a rare virus that is passed on through close physical contact, including sex. Symptoms are usually mild but can be more severe. Anyone can contract monkeypox. Unfortunately, most cases are currently found among men who have sex with men.

Symptoms to watch out for

Usually, monkeypox first causes fever, muscle aches and swollen lymph nodes. After that a rash, pimples and blisters appear, typically around the anus, penis and/or mouth. For visual examples: mantotman.nl/en/monkeypox

How does monkeypox spread

Monkeypox spreads through close physical contact, like kissing, cuddling and sex. It can also be passed on through droplets from mouth and throat and via things like bedsheets and worn clothing.

How to prevent monkeypox

Watch out for symptoms on yourself and the people you have sex with. Do not have sex when you have symptoms.

What should I do when I have symptoms?

Do you have symptoms of monkeypox? Call your doctor or GGD to get tested.

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